

Summer school feedback forms (29th July 2019-1st August 2019)

Timetable

Day 10am-3pm Arrive 9.30-10am Lunchtime 12-1pm	Session
Monday	Introduction and icebreakers Prevention of delirium Dementia Communication
Tuesday	Fitness Friends (trousers)
Wednesday	Boredom Busters
Thursday	Workshops Clinical skills session Presentation of certificates

30 places, 29 graduated.

19 feedback forms returned out of a total 29

What did you enjoy most about the summer school?

- Developing confidence and ability with patients. Physio sessions were good (also appreciated the food and meal vouchers!)
- The lessons and the contents that the staff members explained were amazing and incredibly fascinating. The best lesson was the first (on Monday) which explained delirium in detail without making it boring.
- The advice from people working in different positions and the fact that we were always involved given different situations (and therapy dogs).
- I enjoyed the fitness friends information session and I really enjoyed the boredom busters session. I loved meeting new people.

- Pastries/drinks everyday ☺ all jokes aside, it was very well organised and thought out. All people (delivering talks/workshops etc) did a great job, especially the boredom busters.
- I liked the interactivity of everything and how immersive each activity was. Couple with role play, it really gave an insight into how we'll interact with patients on the ward. It's also a very welcoming environment.
- I enjoyed being able to learn how to interact with the patient and how to encourage them to improve health.
- Boredom busters and how to communicate with patients.
- Learning new information which will help me for future. Meeting/making new friends who were in same situation.
- Learning more about the roles we will be doing and knowledge around these roles that can aid us.
- Finding different ways to make sure patients don't get bored.
- Learning how to communicate with people with a range of cognitive ability.
- Meeting the experienced staff who had a lot of tips to share and how to handle certain patients.
- Clinical skills session-handwashing.
- The clinical trials.
- Meeting different individuals and having an insight on how different professionals work. Meeting the therapy dogs.
- Interactive activities. The interesting topics involved and different people coming in to talk about different topics.
- How informative it was. Amount of resources provided. Interactive and personal-we were included in the explanations. Opportunity to learn and work on skills.
- I enjoyed seeing the therapy dogs because I had never experienced them before. In addition I loved the boredom busters day because we explored a wide range of activities which allowed us to have an idea of things to do on the ward. Also I enjoyed learning and getting into depth with dementia and delirium, this is because I had never heard of delirium, therefore it was interesting.

What went well?

- Good range of skills learnt and developed. Now feel more confident in dealing with patients with dementia. Physio sessions gave me an opportunity to practice active volunteering.
- The way that the teachers taught the lessons were flawless and clearly understandable. I enjoyed every single moment.
- Working with others and involvement. Understanding new terms that I was not very familiar with. Applying what we have learnt (eg boredom busters and fitness friends).
- I think good length of sessions and good interactions within the group. I also liked the variety of sessions.
- Learning about what us volunteers are supposed to expect/do during our placements.
- Everything was good but personally I felt disconnected in the fitness friends workshop because it didn't really interest me.
- The fitness friends session went well as we were able to actively participate and demonstrate how to do activities.

- Everything went well. I enjoyed every single bit.
- Meeting the professionals and able to listen to their experience.
- The fact that people from their respective professions came and talked to us giving us a great insight and the best possible information.
- Getting to know the difference between dementia and delirium.
- Socialising with new people. Having different presenters every day. Friendly atmosphere.
- Everyone was super friendly and welcoming.
- The interactivity of different sessions.
- Very informative team/speakers.
- I really enjoyed doing physiotherapy and learning informative facts about the human body and how it works. Moreover boredom busters was lovely and I enjoyed when we rotated for each activity.
- Involvement. Group work. Taking part in situations we learn about. Role playing.
- The whole thing.
- Personally I think that all sessions went well especially with Liz's helpful assistance. Every session was full and was an unforgettable experience.

Was there anything you would like to know that we didn't cover?

- More background behind diseases learned about. Info about sorts of resources we have available for boredom busters.
- I'd like to have more lessons on related disorders and diseases; their effect and medications.
- None
- A bit more clarity for people still undergoing the application process instead of signposting to other people.
- Maybe more specifics about our duties on the ward eg if we're working in pairs, when our role starts, for how many hours? How many weeks, months etc.
- Infection control when participating in activities.
- Not at all.
- No.
- No.
- Looking more scientifically into diseases we will be dealing with eg causes of Alzheimer's, progression etc.
- No not really.
- No, it's very good.
- No.
- Perhaps slightly more information on the body and organs etc.
- Everything wanted to know was covered [sic].
- n/a.

Any other comments or suggestions?

- If possible more active learning (as unfortunately I am a [incomplete])
- Nope!
- None

- We could have done some work on the wards to practice with supervision the boredom busters and fitness friends.
- Thank you everyone for providing the opportunity to volunteer in QMC! I hope the scheme is promoted more; all hospitals could do with more volunteers. Maybe more roles could be developed for people with an interest in [incomplete]
- Maybe during icebreakers seat people with people they don't know so people who've come along don't get left out. Introducing yourself to new people is also a good skill and is kind of like practice for when people go on the wards.
- n/a
- Maybe go to the wards and do the therapy and games with patients.
- Giving us more structured handouts so that it is easier to follow the PowerPoint.
- I would suggest to change the food and a bigger please [sic].
- Going on a ward/talking to in or out patients.
- The summer school was much more informative than the mandatory training.
- They could include more varied topics.
- No.
- Overall it was great. However I do believe it would be even better if it was more practical.
- I really liked how all sessions were organised and we knew in advance. Also I loved how staff when teaching us explained everything like keywords which made it easier to understand.

Points to consider

- Challenges of taking 30 volunteers onto the wards as some have not had their DBS checks completed yet. The sheer volume of people would be difficult to manage, and possibly not of any therapeutic benefit to patients.
- Some PowerPoint slides had questions and answers which meant the handouts had to be given out after the sessions.
- Infection control is covered on the volunteer mandatory training sessions.