



ZACHERY TERRAS

AGE: 13 years old FROM: England

TOP FIVE CHARACTER VALUES: CONFIDENCE | LEADERSHIP | COMMUNICATION | CITIZENSHIP

"I have been involved in social action for nearly all of my life! I have had to overcome hurdles due to my learning support needs but have done this and through my social action want to help others to do the same, especially so they can get involved in sport."

I started taking part in social action when I was just two years old! I have volunteered in all sorts of ways to help others. I have helped plant bulbs in a local park for people with accessibility needs to enjoy. Sadly losing my friend, who I did Rookie Lifeguard with, to meningitis, inspired me to raise funds for meningitis charities through swimathons. I have supported Blackpool Youth Council with its Make Your Mark campaign and supported local LGBT youth festival events.

I was proud my teammates selected me to be Captain of my local NW Biathle Hub (continuous run swim run competition under Pentathlon GB) due to my approach in encouraging younger children to get involved in sport. Having my own support needs I really understand the importance of providing young people with support to overcome any barriers, so we can achieve what we want. I believe sport should be accessible to everyone.

Every year I fundraise for Homestart through various events and activities, and this includes me collecting 40 items for them during Lent in place of giving something up.

I have developed leadership skills and my confidence and self-belief have grown hugely through doing social action.

