

SAM AINSWORTH

Organisations I've Participated With
Volunteer Police Cadets



Name: Sam Ainsworth

Age: 15

Where I Live: Bacup, Lancashire

"Being involved in the Volunteer Police Cadets, and social action, has given me such a confidence boost!"

I am a Volunteer with the Lancashire Volunteer Police Cadets group, which gives me lots of opportunities to get involved in social action. Sometimes we have Cadet Competition weekends where lots of cadets come together from all across the country, which is a great opportunity to meet new people.

Although my health isn't good, as I suffer from Charcot Marie Tooth disease and CIDP, my experiences of volunteering and social action have given me the confidence to meet new people – and inspire them to want to do social action too. I love getting involved in as many activities as possible, and I'm so grateful to the

Volunteer Police Cadets for their support. I was recently given an award for my positive attitude inspiring young cadets – which I think just comes from me enjoying myself so much!

CHARACTER VIRTUES

I'VE DEVELOPED THROUGH PARTICIPATION IN SOCIAL ACTION

Citizenship | Resilience, perseverance & determination | Trust |
 Leadership | Self-discipline

#iwill

... continue to be a part of Volunteer Police Cadets, and undertake leadership training to help develop social action projects further.