

# REBECCA BRUNSKILL

Name: Rebecca Brunskill

Age: 18

Where I Live: Merseyside

*“Taking part in social action has given me the confidence and energy to do anything I put my mind to! It has shown me that even if you only have a little, you can still make a big difference.”*



## MY SOCIAL ACTION JOURNEY

I first got involved in social action through the National Citizen Service (NCS) in 2012. I spent 30 hours volunteering, putting on a family fun day for disadvantaged young people, and mentoring children living in a deprived part of Liverpool on the Edmund Rice Summer Camp. It inspired me to want to do more, so I joined the UK Youth Parliament as the Liverpool representative. I've had so much fun campaigning and working with regional groups on what matters most to young people.

I'm now an NCS Leader in the North West, which has given me the confidence to go and speak to

people from completely different backgrounds to me. I'm involved in a charity called 'OnthisRoc', helping blind children and adults experience the thrill of rock climbing for the first time, and I'm helping children become more confident readers through the Wirral Successful Reading Partnership. All these experiences have shown me that there are real benefits from giving up some spare time to help somebody else – not only to the person being helped, but to the volunteer as well.

## KEY CHARACTER QUALITIES AND VIRTUES

Confidence | Courage

## The adult who has most inspired me to get involved in social action is ...

Nobody in particular, but I've always had encouragement from my parents to go out and try new things.

## MY SOCIAL ACTION PLEDGE

**#iwill** *change the negative stereotype surrounding young people, to encourage more young people to volunteer in their communities.*