

# LUKE REES

Name: **Luke Rees**

Age: **16**

Where I Live: **Blaenau Gwent**



*“Through social action, I’ve gained a real passion for coaching sport and seeing young children achieve their full potential.”*

I’m really into all kinds of sports, so it’s great to have found a way to use what I love to help others. My social action journey has involved volunteering at a disabled swimming club, running a rugby club for primary school children, and volunteering for Llanhilleth Street Games.

I’ve also planned sports events in my local area, like during the London 2012 Olympics when I organised an opening ceremony celebration and sports day at my local leisure centre. Through my social action I’ve become a Platinum Young Ambassador for Sport Wales and represented Wales at the Sainsbury’s School Games competition, where I spoke in front of over 5,000 people. I’m also on the Youth Sport Trust (UK) Steering Group, representing young people when it comes to the future delivery of sport throughout the UK, and I’m involved with Aneurin Leisure, a community organisation in Blaenau Gwent.

I think one of the best things about all this that the rest of my family have been really proud of me, and it’s inspired them to get involved in social action too. Whatever happens next, I know I’ll keep volunteering and inspiring young people to participate in sport, because I’ve seen the difference it can make.

## Organisations I’ve Participated With

- Street Games
- Sainsbury’s School Games
- Sport Wales
- Youth Sport Trust
- Aneurin Leisure



**#iwill** regularly promote social action through social media and aim to get everyone within my school and community involved. #iwill help make sure government and national organisations listen to young people’s views and opinions.