



LUCIA MEE

AGE: 19 years old FROM: Northern Ireland

TOP FIVE CHARACTER VALUES: LEADERSHIP | OPEN MINDEDNESS | RESILIENCE, PERSEVERANCE & DETERMINATION | COMPASSION | HUMILITY / MODESTY

“What I find most rewarding is people telling me I have influenced them to be an organ or blood donor, or to speak out about their mental health or get involved in their own campaigning.”

After having three liver transplants I became passionate about raising awareness of the need for organ donation, especially among young people.

It has been challenging juggling campaigning with schoolwork alongside having a chronic illness, but I am really proud to have launched my own social action campaign ‘Live Loudly Donate Proudly’ and to have received a scholarship from University College Cork for Active Citizenship.

I campaign for organ donation, mental health and to encourage young people to get involved with volunteering, raising funds and writing blogs on these topics. I am also working to put together a workshop that I hope to bring to secondary schools in Northern Ireland.

My school has really engaged with me taking part in social action and multiple charities have benefited our fundraising activities, from which we raised more than £9,000, including Northern Ireland Transplant Association and the Children’s

Liver Disease Foundation.

I have had some incredible experiences through my campaigning. I have been to Washington DC, been awarded a British Empire Medal just this year, and what I find most rewarding is people telling me I have influenced them to be an organ or blood donor, or to speak out about their mental health or get involved in their own campaigning.

Inspiring me through all my social action are my organ donors and their families as their selflessness has meant I can live a full and rewarding life.

