



LAUREN WHEELER

#iwill



*Lauren Wheeler, 15 years old
From: Wilmslow, England*

CHARACTER VIRTUES

I'VE DEVELOPED THROUGH PARTICIPATION IN SOCIAL ACTION

Gratitude | Courage | Resilience, Perseverance &
Determination | Communication | Open Mindedness

*#iwill ... commit to making a
difference to the lives of young people
and promote the rewarding nature of
getting involved with social action.*

I first got involved in social action by helping as a young leader at my local Guide unit from the age of 14. There I took on numerous roles in the unit including supporting the younger girls and helping with organisation. I had always loved being involved with Guiding and wanted to take it further and use it to give back to the community. I then joined the Guide Council as an regional ambassador, and helped design a resource to aid in combat gender stereotyping.

It has been challenging at times, as I have also suffered from a long term health condition from the age of 13, but this has helped me to become a stronger person overall. I am now focused on projects towards my Queen's Guide

Award for which I am doing research in to the effects of long-term illnesses on young people. I am producing a website designed specifically to allow ill young people to connect, share stories, and receive hints about coping with the challenges of illness.

My social action has given me an insight into the inspirational work done by so many people behind the scenes everyday working to improve the lives of others.

"I feel social action has helped me to become a more positive person and shown me that anything is possible if you just put your mind to it."

Organisation I've Participated With:

Girlguiding

