



AOIBHIN MCCOOL

#iwill

CHARACTER VIRTUES

I'VE DEVELOPED THROUGH PARTICIPATION IN SOCIAL ACTION

Empathy | Communication | Confidence | Citizenship |
Resilience, Perseverance & Determination



*Aoibhin McCool, 20 years old
From: Enniskillen, Northern Ireland*

*#iwill ... create more
awareness of the numerous
voluntary opportunities across
Northern Ireland, and the benefits
of taking part.*

I first got involved in 2014, volunteering in a Stroke Ward each Monday chatting with the patients and being a companion. My time was clearly appreciated by them and the hospital and it's great to know I've made a difference. As well as volunteering at the hospital I volunteered weekly with St Johns Ambulance, assisting at community events, being available to provide incident support, and training new members in First Aid.

I also completed the Pope John Paul II Award through helping with community fundraising, Church events and mentoring young people on various peer issues.

In Summer 2017, I volunteered for 3 months with

Voluntary Service Overseas and International Citizen Service in Nigeria. I was there to provide young people with a safe environment and improve educational rights. I was involved in organising community action days to raise awareness, school debates & quizzes, fun practical games for learning. I also volunteered in the local hospital 3 times a week on top of my VSO project.

Through social action, I have acquired a confidence in communicating with others regardless of their age, background, religion or gender. Getting involved has helped me to develop a deeper understanding of the importance of empathy for not only those in our community but internationally.

"Through my voluntary roles I can make a vast difference to others, and I'm always planning ahead to build in time for helping others."

Organisations I've Participated With:

South West Acute Hospital, St Johns Ambulance, ICS, VSO, Pope John Paul II Award, Volunteer Now

